

Kellam Mechanical, Inc.'s **HOME**sense

Smart & simple ways to enrich your home living.



— IT'S ABOUT TIME! —

Hidden Danger in Your Indoor Air

You can't see it, taste it, feel it or smell it – but carbon monoxide (CO) can cause a deadly illness if it ever leaks into your home through defective heating equipment.

CO is an odorless, colorless and tasteless gas that is produced any time a fuel source such as gas, oil, kerosene, wood or charcoal is burned. The poisonous gas can build up indoors, creating serious risks for people, especially children and pets who breathe it. And as the temperatures drop this season, a poorly maintained furnace could become a silent killer.



CO poisoning unfortunately claims hundreds of lives every year in the United States and makes thousands more sick. The most common symptoms of CO poisoning are “flu-like” and include headache, dizziness, weakness, upset stomach, vomiting, chest pain and confusion, to name a few.

To keep your family safe, be sure to have your furnace inspected every year. Also, install battery-operated or battery back-up carbon monoxide detectors near every sleeping area in your home, and check them regularly to be sure they are functioning properly.

In addition to furnaces, carbon monoxide can also be produced by burning fuel in cars or trucks, small engines, stoves, lanterns, grills, fireplaces and gas ranges. Gas ranges or ovens should never be used for heating. And also make sure to be very careful with the use of generators. Never operate a generator inside a home, basement or garage, or less than 20 feet from any window, door or vent.

Call us to give your furnace a safety check before the heating season begins. This is an important part of your annual tune-up that keeps your heating system operating safely, reliably and energy efficiently.

MY WORD

BY SCOTT KELLAM



Hello
Friends,

There's so
much to

enjoy about fall. The weather is usually pretty nice, and it's a great time to cheer on your favorite team, chomp down on favorite foods and spend some quality time with family having fun outdoors.

Our favorite part of the season, however, is being able to visit customers in their homes. We're here to make sure you're comfortable, so let us know how we can help.

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Your Quick Call Comfort Hotline:

757-430-0358

kellammechanical.com

Visit kellammechanical.com for more great ideas to keep your home running smoothly.
And if you need any help, give us a call.



Breaking News Leaked!

— HOT NEWS NOW —

What Does It Mean To Be Energy Efficient?

Generating electricity accounts for about 40% of U.S. energy use, according to the EPA. Therefore, in order to use electricity more efficiently, we need to reduce the overall amount of fuel needed to generate the electricity as well as the amount of greenhouse gases and other harmful pollutions that are produced as a result.

Energy efficiency is also about saving money right at home. And for homeowners, that means:

- Seal air leaks. In winter, keep your warm air inside instead of letting it escape through cracks in windows, walls or ducts. Steps include adding insulation to ceilings, the attic and walls, as well as using caulking or

weather stripping on doors and windows. Sealing air ducts is another good step to take. Improvements that stop air leaks during the cold months also keep in the cool air inside during the hot months.

- Change your air filter regularly. Dirty air filters block air flow and then cause systems to have to work harder, which uses more energy.
- Install a programmable thermostat or smart thermostat that enables you to adjust settings based on actual activity at your home.
- Practice good habits. If you leave a room, turn off the light.
- Get your system tuned-up annually. Or if your system is aging, it may be time to consider a newer, more energy efficient model. We'll be happy to give you our best recommendation. Just call.

Plumbing leaks are wasteful. Ignoring the drip sound of the leaky faucet or pipe is costing you money and practicing wastefulness. Some leak locations are unnoticeable until damage is already setting in on ceiling plaster or seeping through your floors from a leaky sink, toilet or shower.

Just 1 faucet leaking at the rate of 30 drips per minute equals 2.85 gallons daily and 1,041 gallons



Replacement Rebates and Financing

Your new comfort system can be accompanied with money back rebates OR great financing options!

Up to \$1,500 in rebates for qualifying equipment

OR

0% interest 60 months with credit approval on qualifying equipment.

Call Kellam Mechanical for your free quote: 757-430-0358

Limited time offer, not to be combined with other offers

— TAKE THAT! (AND THIS TOO!) —

Tricky Pet Treats

Be sure to keep your pets out of the candy dish this fall. Chocolate is extremely harmful to your furry friends. In fact, vets say chocolate is one of the most common

causes of canine poisoning. Candy wrappers pose another serious risk. If swallowed, they can tear a pet's esophagus or intestines. So, whether it's your own pup or a friend's or neighbor's, make sure to teach your kids to keep their candy to themselves – no matter how many times Fido begs for a

Expert Mashed Potatoes

annually! Do the math on the additional leaky faucets in your home and you'll discover unnecessary wastefulness. There are additional problems that accompany a leaky faucet:

- Discoloration in your sink or tub
- Wasted energy on leaky hot water taps

Kellam Mechanical now offers residential plumbing services. Save your money from dripping down the drain and get your plumbing mishaps fixed. An experienced plumber will gladly comply with city codes and fix leaky faucets, clogged sinks, jammed garbage disposals, water heaters, toilets, shower heads, gas piping, vent piping and water lines to dishwashers, ice makers and washing machines. For a limited time, we are extending a \$49 dispatch fee, so call today. Ask about our new annual Plumbing Savings Agreement. This program pays for itself through program benefits and discounts. It helps prevent water damage and protect your home and valuables.

treat. Also, be aware of other foods that can cause serious problems for pets, including raisins, grapes, salt and chewing gum. You'll be surprised to learn that what is normally healthy for us is actually quite dangerous for them.

Ree Drummond, AKA The Pioneer Woman, has created a "creamy mashed potatoes" recipe among many delicious detours through the culinary landscape.

To whip up this cozy comfort side dish, start by peeling 5 pounds of russet potatoes. Rinse in cold water, then chop into quarters.

In a large pot, boil potatoes (on high heat) until tender to the fork, about 20 or 25 minutes.

Carefully drain into a colander, return to pot and stovetop (on low heat), mash for five minutes, then turn off burner.



Add 1½ sticks softened butter, 1½ 8-ounce packages of softened cream cheese, ½ cup of half and half, ½ cup of cream. Stir, thinning with milk if needed. Add a pinch of salt and pepper.

Plumbing Special

\$49 Dispatch Fee

We are extending a limited time offer of a **\$49 Dispatch Fee** to resolve any residential leaky faucet, water heater, clogged drain, gas piping, toilets, shower, tub, garbage disposal or water lines to dishwasher, washing machine or ice maker. Call **Kellam Mechanical** today to schedule, then share the positive experience with your friends and family: Tell 'em Kellam! **757-430-0358**.

Pour mixture into a large casserole pan, and dot with butter on top.

Cover with foil and bake for 15 minutes at 350°. Remove foil and bake for 10 more minutes.

Fall Family Fun



Colorful scenery and comfortable temperatures add a pleasant touch to outdoor fun in the fall. Enjoy the autumn season

to the fullest with these fun and easy-to-plan outdoor family activities, including:

Head out for a nature hike. Visit wooded areas and parks to study the many changes in the season. Ask the kids to tell you what they see that is different between summer and fall.

Find your way to a farm. Some farms turn corn fields into a maze, where you can have fun, test your sense of direction and get some exercise. Or drop in on a pumpkin patch to pick your seasonal gourd.

Pile in for a scenic drive. Ride through wooded areas or along mountain roads to take in the sights and the beautiful display of multi-colored leaves. Enjoy a game of I Spy or 20 Questions. Stop along the way for a relaxed picnic or picture-taking.

Go old school and play a classic game. Take delight in a nostalgic round of Red Rover, Hide and Seek, Simon Says, Tag or Freeze Tag with the kids.

Have you scheduled your annual service on your heating system? We'd be more than happy to take care of that for you. Just give us a call.

Among many advantages, a tune-up is the best step you can take to help prevent untimely breakdowns, improve energy efficiency, protect from

dangers such as carbon monoxide leaks and lengthen your equipment life. Don't miss this chance to take care of the system that keeps your family cozy and comfortable.

Sincerely,



Scott Kellam

Take an Eye Break

Staring at a computer screen for long hours can lead to eye strain. Symptoms could include blurry vision or burning, watery or dry eyes. Or you may get headaches. One effective solution is the 20-20-20 rule. Every 20 minutes, take a 20-second break to look at an object 20 feet away.



Smart & simple ways to enrich your home living.



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Virginia Beach, VA 23453
757-430-0358

LIC#: 39134A

PRE SEASON GAS SAFETY INSPECTION

So... you love your gas appliances? But, you've got to be careful. If not properly maintained, carbon monoxide leaks can a silent killer. No need to worry, here's what you do: Call Kellam Mechanical to schedule a NATE certified technician to perform a thorough gas safety inspection of all of your gas appliance piping to ensure a safe and warm winter season for your home...

***Furnace *Boiler *Water heater *Stove *Fireplace *Dryer**
Gas Safety Inspection... ONLY \$69 Safe Family... Priceless!

AND... take \$25 off carbon monoxide detector
Call **Kellam Mechanical** at **757-430-0358**
www.kellammechanical.com

Know someone who needs a gas safety inspection?

Tell'em Kellam

**Limited to the first 45 callers and offer ends 10/31/17*

FAST FIX

Keeping Tabs on Closet Space?

How can a soda can tab help you create more room in a tight closet space? Pull the tab off the can, then hook a hanger with one clothing item through the tab's top hole. After hanging that item up, place a second hanger with another clothing item on the tab's bottom hole. This is also a nifty solution whenever you want to organize complimentary items of pants and shirts together.